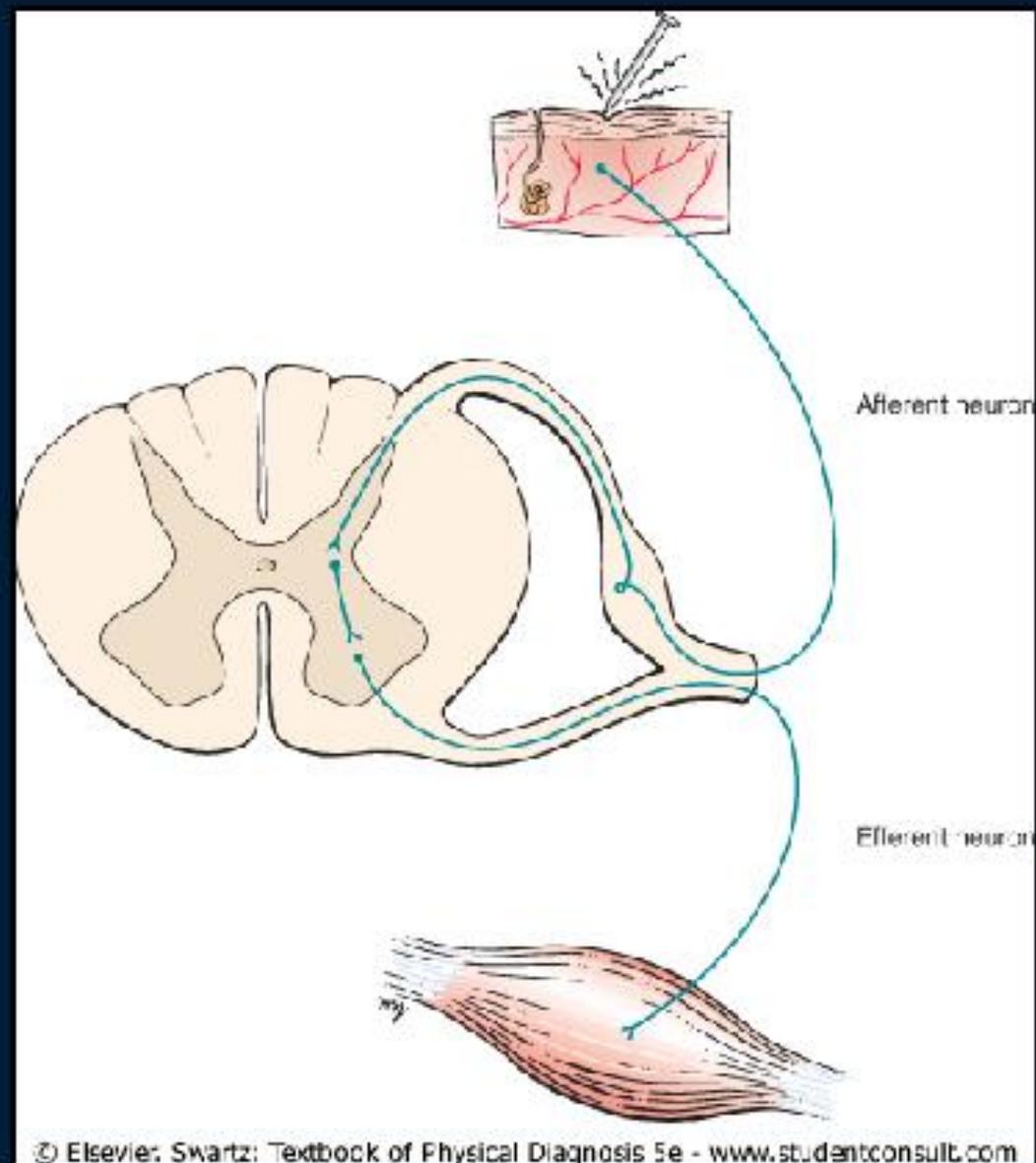


## Reflexos



## **Reflexos**

### **Reflexos osteo-tendinosos**

- **Músculo relaxado**
- **Pegar correctamente no martelo**
- **Palpar e inspeccionar o músculo**
  - **0 - sem resposta**
  - **1 - diminuído**
  - **2 - normal**
  - **3 - aumentado**
  - **4 - hiperactivo**
- **Aumentados**
  - **Doenças do tracto piramidal**
- **Diminuídos**
  - **Doenças do corno anterior e miopatias**

## Reflexos



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**Reflexo bicipital**  
**Flexão do antebraço**  
**C5-C6**

## Reflexos



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**Reflexo braquio-radial**

**Apófise estilóide**

**Flexão e supinação**

**C5-C6**

## Reflexos



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**Reflexo tricipital**  
**Acima do olecrâneo cubital**  
**Extensão do antebraço**  
**C6-C8**



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## Reflexos



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**Reflexo rotuliano**  
**Extensão do joelho**  
**L2-L4**

## Reflexos



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**Reflexo aquiliano**  
**Flexão da anca**  
**Flexão do joelho**  
**Flexão plantar do pé**  
**S1-S2**



A

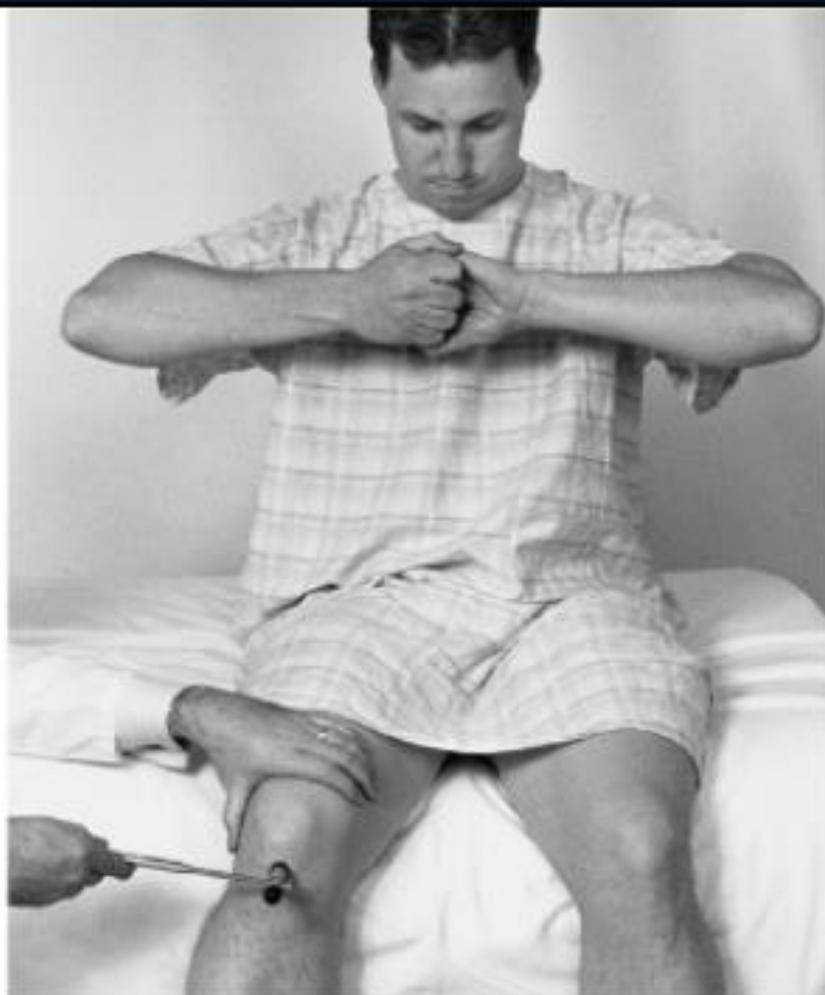
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B

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## Reflexos



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**Manobra de Jendrassik**

## **Reflexos**

### **Reflexos superficiais**

- **Abdominal**
  - **Passar uma espátula do lado lateral para o medial em direcção ao umbigo**
  - **Contração dos músculos abdominais**
- **Cremasteriano**
  - **Passar espátula na face interior da coxa**
  - **Elevação do testículo ipsilateral**

# Reflexos

## Reflexos anormais



**A** Elsevier: Swartz: Textbook of Physical Diagnosis 5e - www.studentconsult.com



**B** Elsevier: Swartz: Textbook of Physical Diagnosis 5e - www.studentconsult.com

**L5-S2**

**Doença do tracto piramidal**

# Coordenação

# Coordenação



A

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**Prova dedo-nariz**



B

# Coordenação

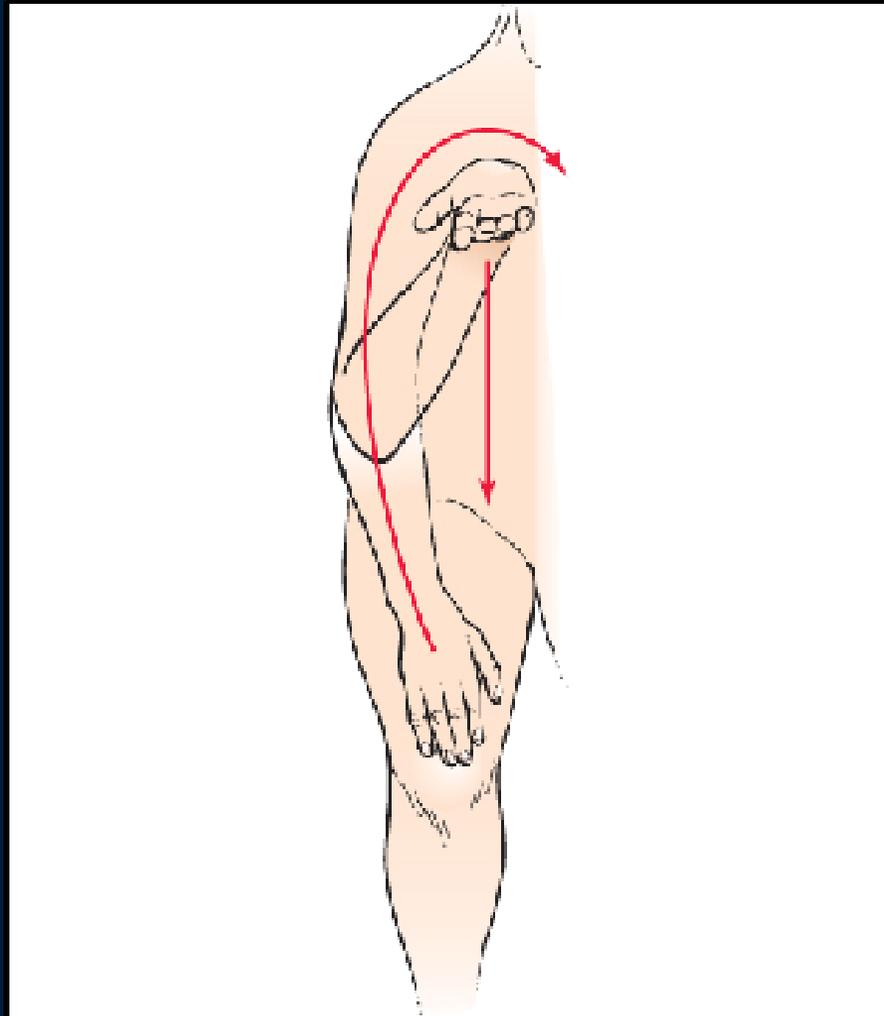


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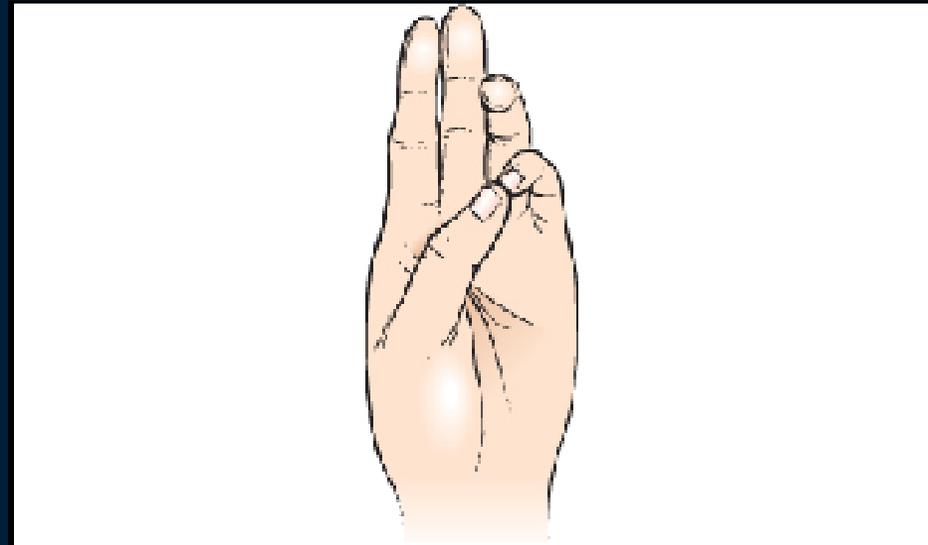
**Prova calcanhar-joelho**

# Coordenação

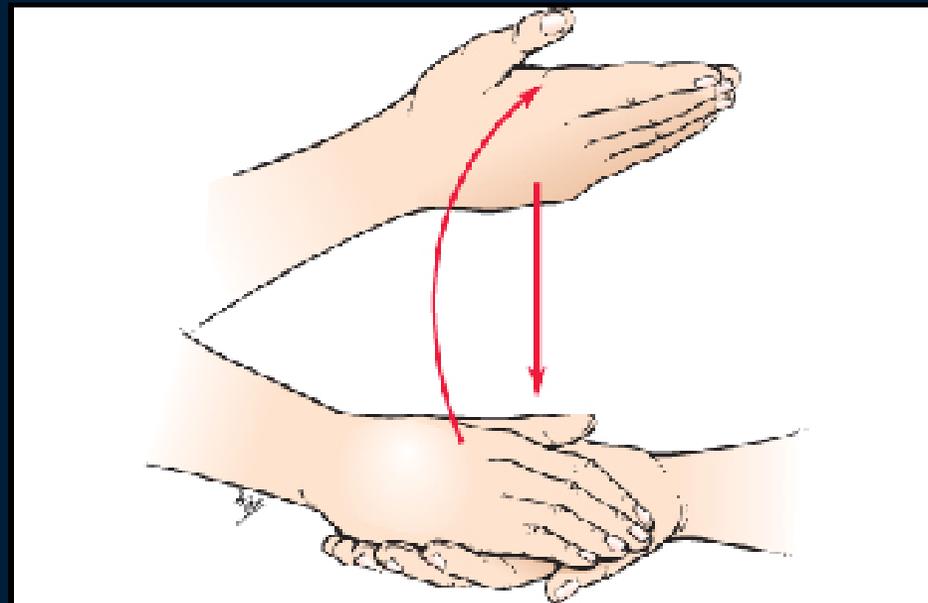
## Mov. alternantes rápidos



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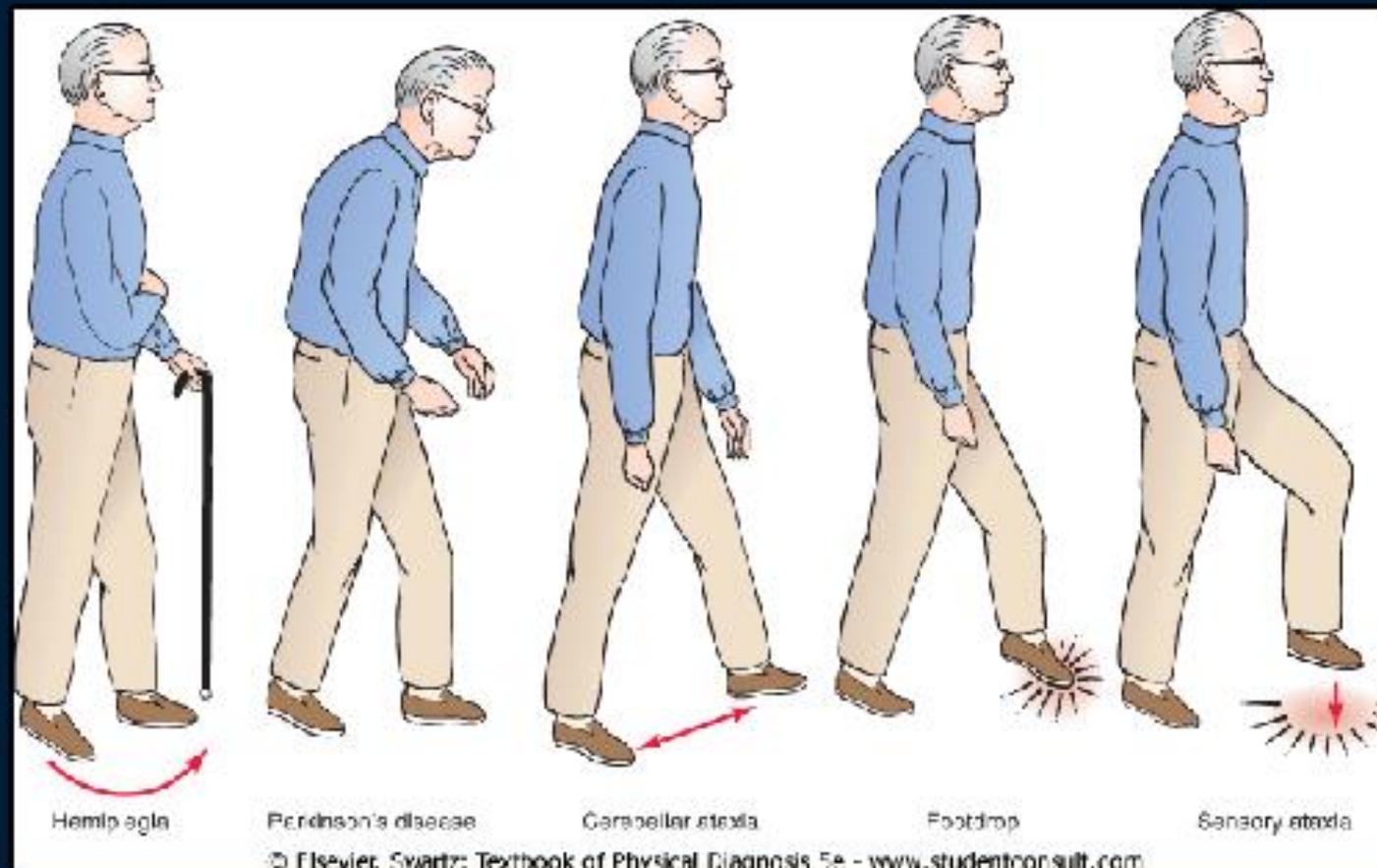


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# Coordenação



**Marcha**

# Palpação de nervos

# Sinais meníngeos



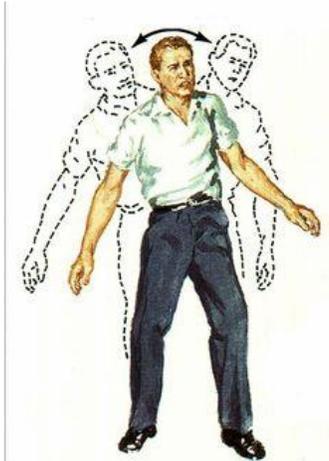
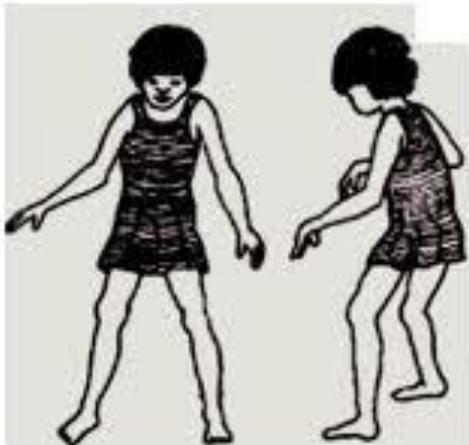
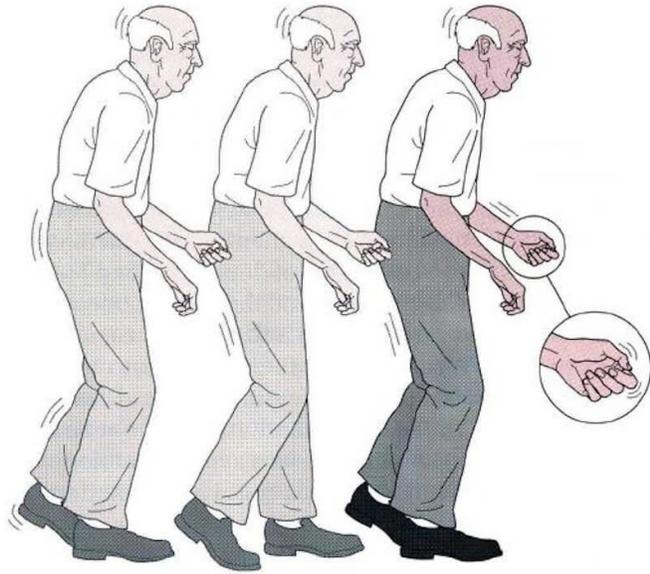
Sinal de Brudzinski do pescoço

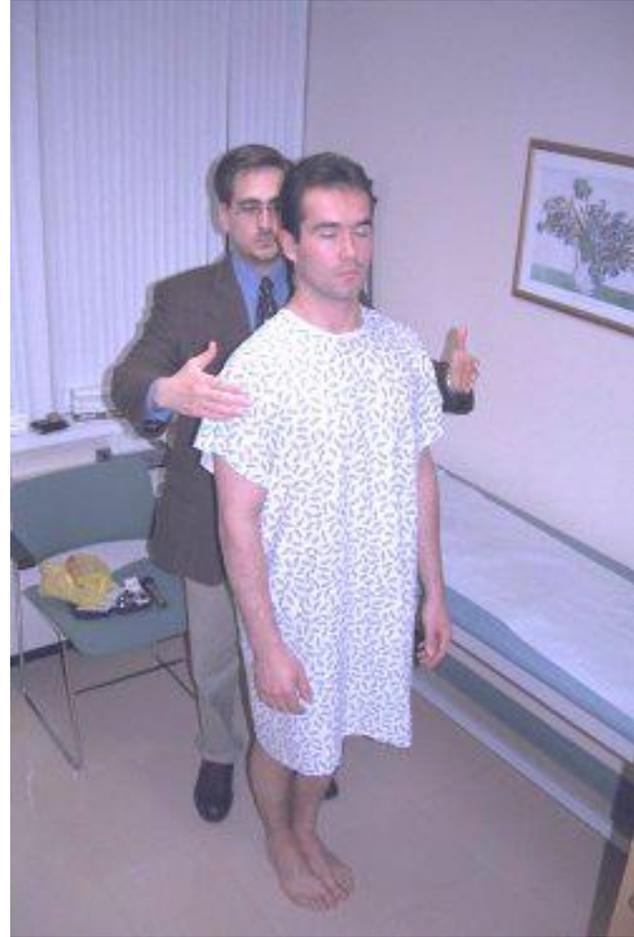
ADAM.

Sinal de Lasègue











*Tandem*























A vibrant sunset over a body of water. The sky is a mix of deep reds, oranges, and purples, with a large, dark, textured cloud formation in the center. The sun is visible as a bright orange glow on the horizon, reflecting on the water. The foreground shows the dark silhouette of a mountain range.

**Obrigada!**